# Clinical Utility of Circulating Tumor Cells Enumeration in Breast Cancer Prognosis

# Sreeni Devidas, Ramadevi Sanam, Sreenivasa Rao Guggilla, Vijaya Rao Pidugu, Pavan Kumar Bhatta, Madhukar Reddy Patlolla

# Background

The cells that escape from the primary tumor and settle down at a secondary site to cause metastasis are called Circulating Tumor Cells (CTC).

Molecular characterization of CTC play a crucial role in cancer research as they can be used to confirm the disease malignancy, help stratifying patients for individual therapies, and predict treatment response.

CTCs are considered as a potential blood marker as their presence at baseline is strongly associated with poor prognosis and whose changes under treatment are correlated with Progression-Free Survival (PFS) and Overall Survival (OS) in cancer patients.

Recent technical advancements in CTCs detection include RT-qPCR methods, image-based approaches like the FDA cleared CellSearch system.

In spite of having sensitive assays, the prognostic significance of CTCs in patients with metastatic breast cancer is controversial. There is a need to improve sensitivity, reproducibility and reliability of their use in disease monitoring.

# Objective

Our objective was to collate the published information on all clinical studies where CTC count was taken as basis to understand metastatic breast cancer and analyze the following-

How changes in CTC count is associated with Progression-free survival, Overall survival using the predefined 5 CTC/7.5ml threshold in metastatic breast cancer patients?

How CTC count is correlated to other tumor markers?

How CTC count is associated with hormonal status of diseased patients?

How CTC count differ in patients at baseline and after the rapy?

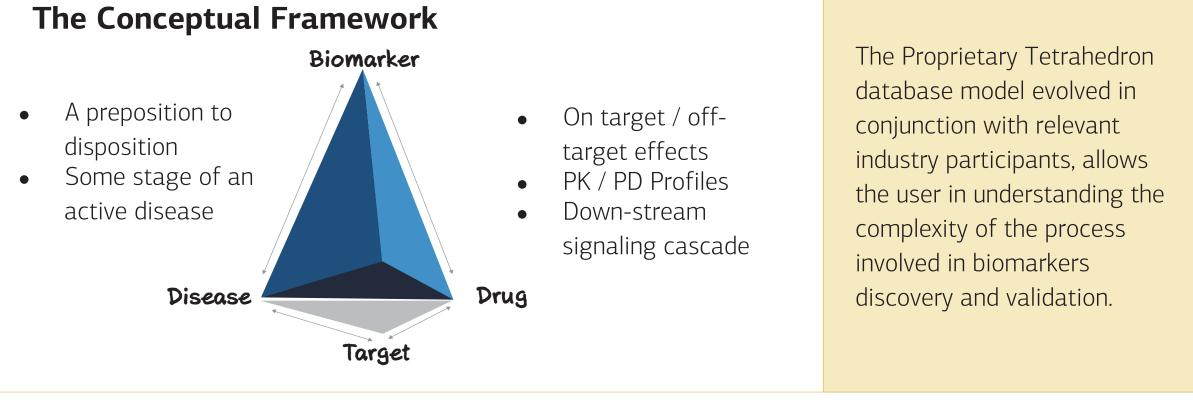
## **GOBIOM Database**

GVK BIO Online Biomarker Database (GOBIOM) is a comprehensive biomarker database that provides information on Biochemical, Genomic, Imaging, Metabolite, Clinical Scoring scales and Cellular markers for 16 different therapeutic areas, covering 750 therapeutic indications with its reported utilities like diagnosis, prognosis, monitoring disease progression, treatment response, surrogate, efficacy and toxicity.

#### Data is manually curated from

- Authenticated clinical trial registries
- Validated clinical trial results from pharmaceutical and biotech companies
- Annual meetings focused on different therapeutic areas
- A large number of peer-reviewed journals
- Other web resources and patents

Database is developed in collaboration with a big pharma and USFDA.

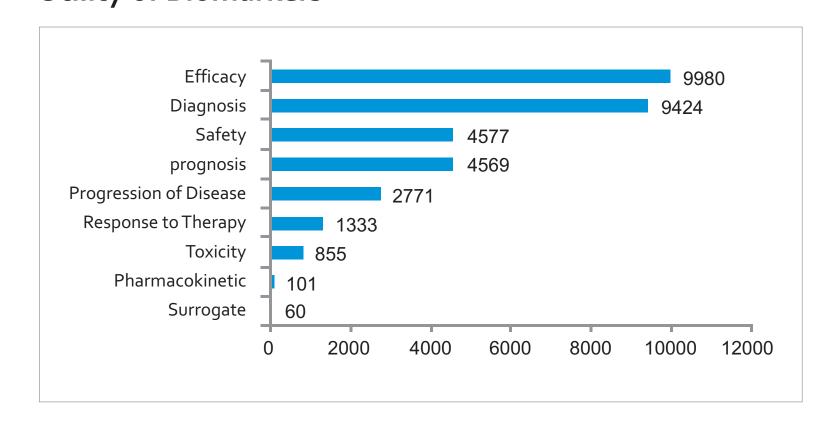


A proprietary tetrahedron model is adopted in the framework of database by linking biomarkers, indication, drug, target and study population. This model simplifies the process of biomarker data.

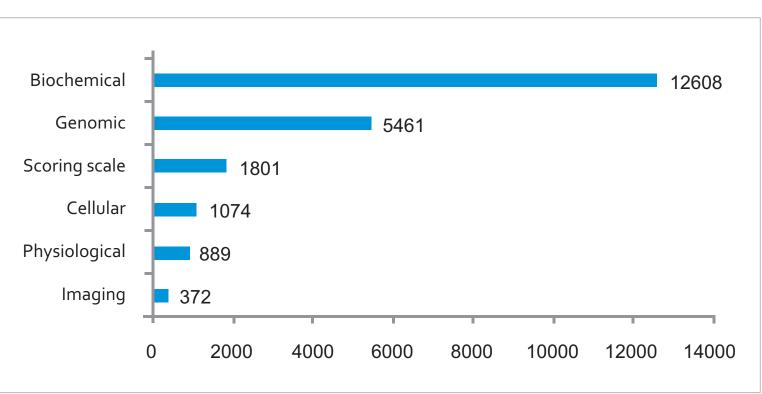
# **GOBIOM Statistics**

| Therapeutic Area  | # Biomarkers | # Indications |
|---|--------------|---------------|
| Oncology  | 10480        | 175           |
| Diseases of the circulatory system                                  | 1709         | 130           |
| Endocrine, nutritional and metabolic diseases                       | 1519         | 99            |
| Diseases of the musculoskeletal system and connective tissue        | 1473         | 38            |
| Diseases of the nervous system                                      | 1124         | 52            |
| Others  | 1080         | 1             |
| Mental and behavioral disorders                                     | 946          | 41            |
| Diseases of the digestive system                                    | 891          | 46            |
| Diseases of the respiratory system                                  | 822          | 32            |
| Infectious and parasitic diseases                                   | 800          | 42            |
| Diseases of the genitourinary system                                | 583          | 37            |
| Injury, poisoning and certain other consequences of external causes | 266          | 11            |
| Diseases of the skin and subcutaneous tissue                        | 261          | 19            |
| Diseases of the blood and blood-forming organs and certain          | 154          | 13            |
| disorders involving the immune mechanism                            |              |               |
| Diseases of the eye and adnexa                                      | 93           | 14            |
| Diseases of the ear and mastoid process                             | 4            | 1             |
| Total:  | 22205        | 751           |

# **Utility of Biomarkers**



#### **Types of Biomarkers**

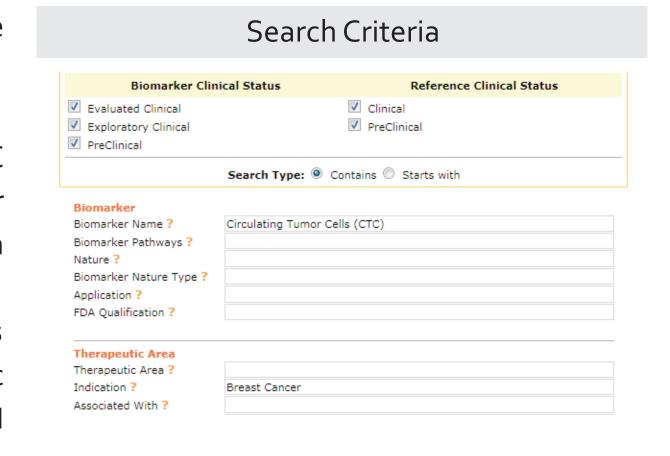


## Methodology



Following steps were carried out in the

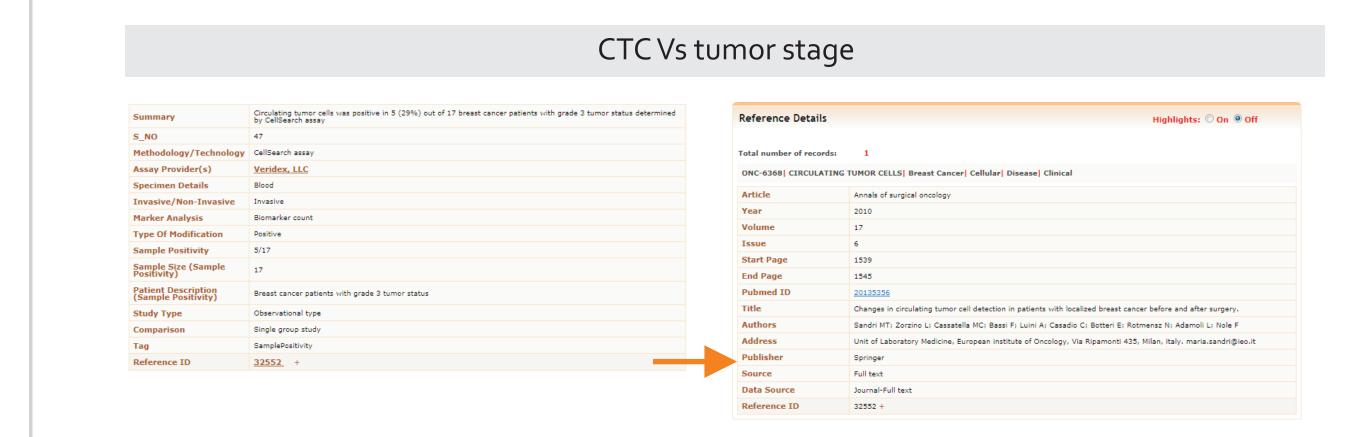
- Entire published information on CTC and its association with breast cancer prognosis was extracted from GOBIOM database.
- Information from 107 references (including journals, patents, scientific conferences) was present in GOBIOM as on 5th March 2013

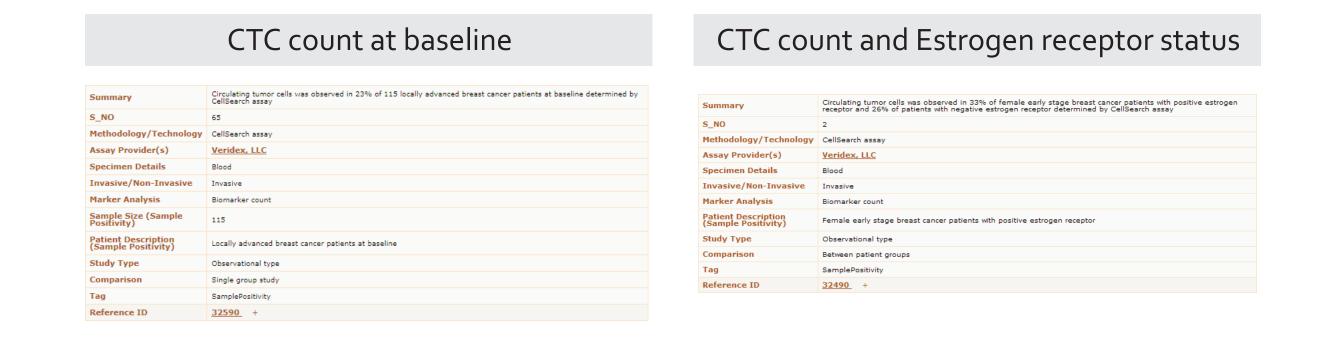


Using the intuitive features of GOBIOM, data was filtered in the following manner for

- Out of 107 references, only datapoints on metastatic breast cancer was considered. This is obtained by using 'disease subtype' filter in GOBIOM database.
- CTC count and its association with endpoints like PFS, OS, tumor markers was extracted along with the details of study population and sample size from 'experimental details'

#### Following are the snapshots from the 'experimental section' of the database



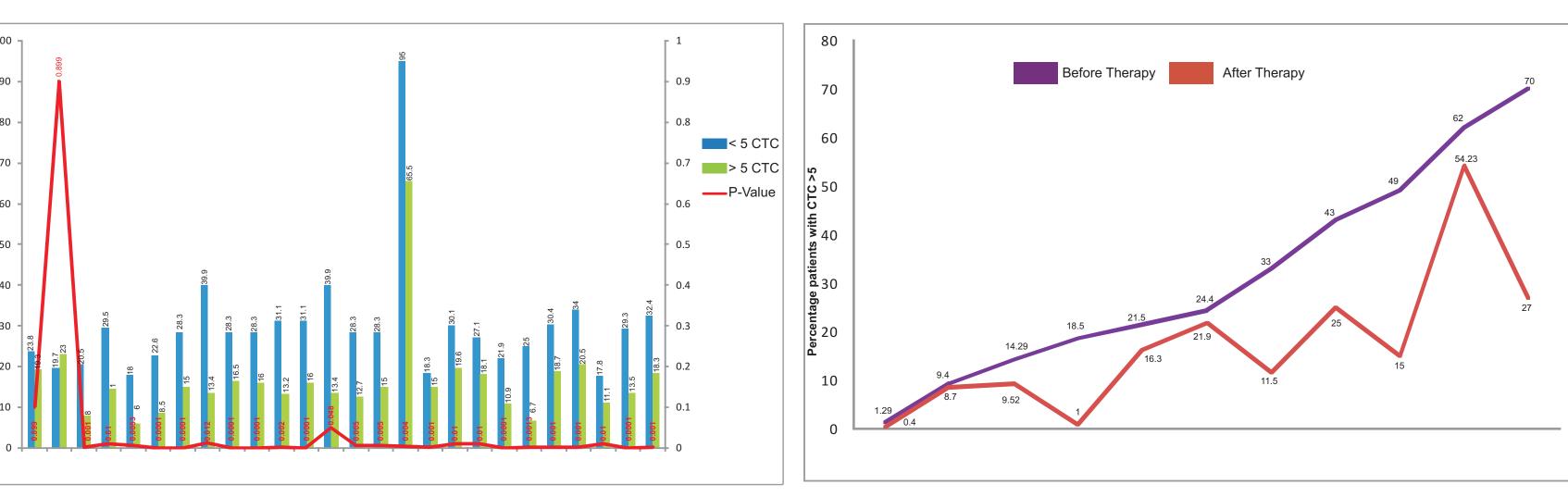


CTC count and its correlation with OS, other tumor markers and hormonal positivity was extracted from 'biomarker statistics' section

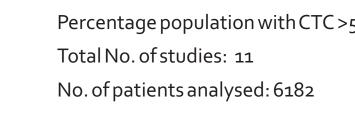


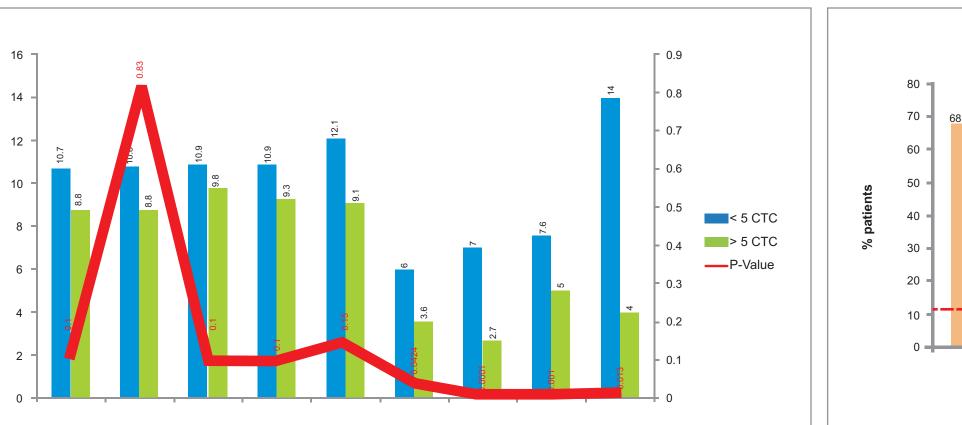
Summary level study was carried out to understand the relation between CTC versus Overall Survival (OS), Progression-Free Survival (PFS), and its correlation with other tumor markers and hormonal positivity

# Analysis

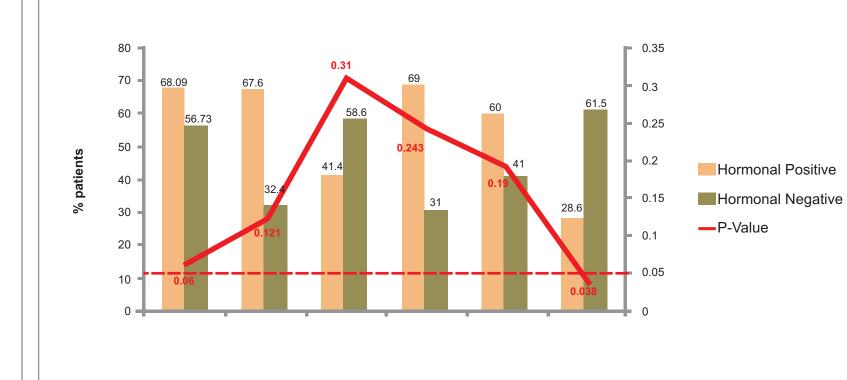


Overall survival (Months) in patients with CTC>5Vs<5 Total No. of studies: 26 No. of patients analysed: 3271

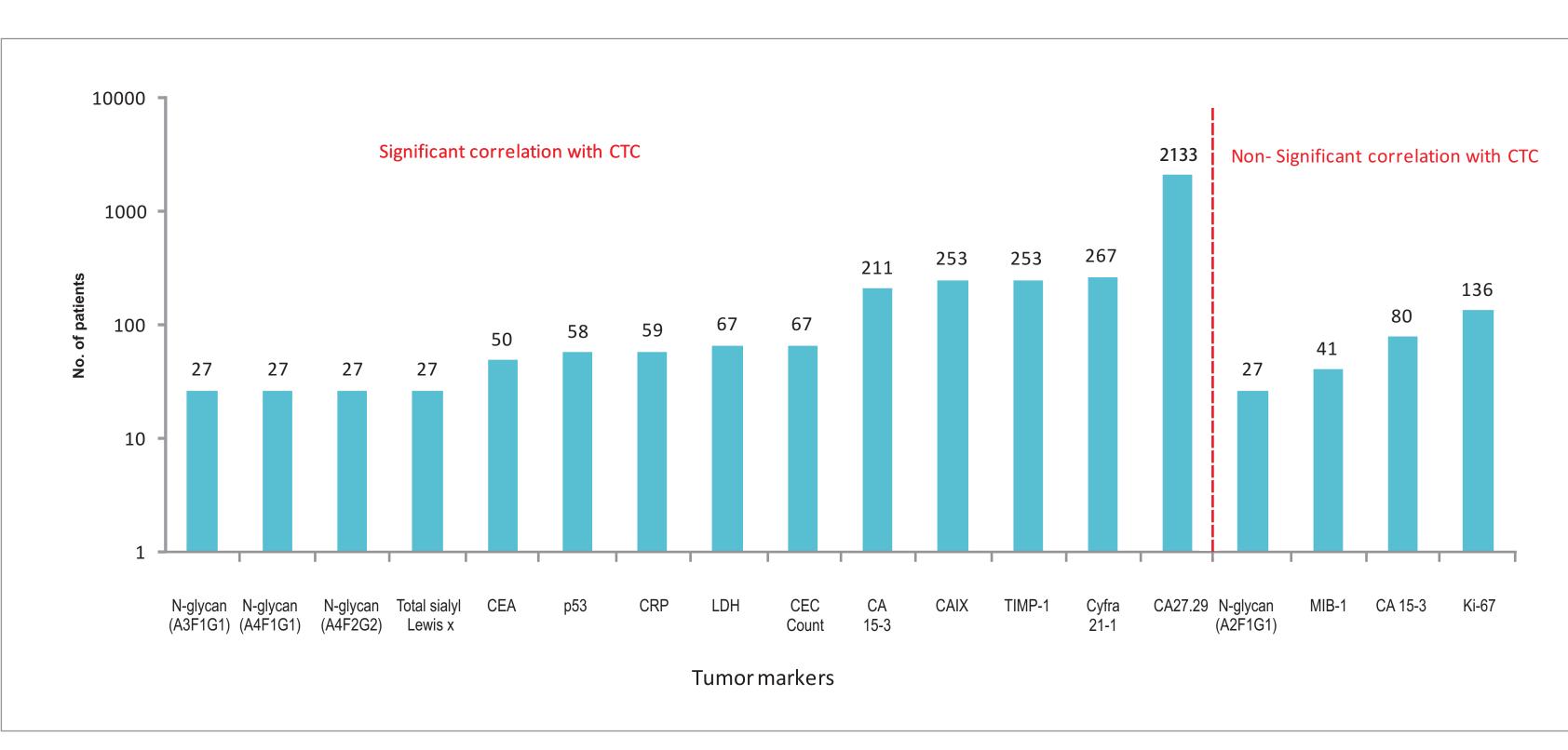




Progression-Free survival (Months) in patients with CTC>5Vs<5 Total No. of studies: 9 No. of patients analysed: 1197



Percentage of patients with Hormonal status (ER, PR or Both) Vs CTC>5 Total No. of studies: 6 No. of patients analysed: 1070



No. of patients with CTC positivity (>1) Vs tumor marker Total No. of studies: 18 No. of patients analysed: 3382

## Conclusion

CTC is concluded as a good prognostic marker in 35 studies, with a total sample size of 4468 patients, with a good correlation to Overall survival and Progression-Free survival

There was no association found between CTC and Hormonal status (ER, PR) in 5 out of 6 studies with a total sample size of 1070

Out of 18 studies, 14 studies showed significant correlation between CTC count and tumor markers while 4 studies showed nonsignificant correlation.

There was no clear association observed in CTC count of patients at baseline and after therapy.

Though CTC enumeration is considered as a potential method to detect prognosis, further studies are required to explore the clinical utility of CTC in metastatic breast cancer.

# Database Strengths

#### **Data Content**

- Biomarker nature
- Therapeutic indication
- Utilities of biomarker
- FDA/EMEA approval data for biomarkers and associated assay methodologies

**GVK** BIO

Accelerating Research

- Analytical and Clinical qualification
- Drugs/Intervention details
- Endpoints observed
- Efficacy and Safety characteristics
- Clinical and Preclinical qualification
- Study population
- Drug-Induced organ toxicities

#### Data Features

- Web-enabled search application for quick and easy access
- Controlled vocabulary through out
- Instant generation of 'biomarker report'
- Data export options in custom format to Excel, XML and PDF
- Intuitive User Interface with comprehensive search features
- "Alert a Colleague" option to share the data with other users
- Biweekly update with auto alert function
- Custom alert by therapeutic area and biomarker name
- A dedicated server located in USA with backup server in India
- Provision of user-required data in their own formats
- Easy integration with client proprietary data
- Alert service on new marker addition or updates of existing markers

On-demand service for any biomarker addition into the database

- Competitive intelligence analysis
- On-demand training sessions

Contact Information Sreeni Devidas, Ph.D **GVK Biosciences Inc.,** 5457 Twin Knolls Rd., Suite 101, Columbia, MD 21045 Tel: (443) 838-6260 Email: sreeni.devidas@gvkbio.com www.gvkbio.com